

# Race Academy



## HALF TERM 'CRASH' COURSE

EVERY HALF TERM

MON-FRI & SUN

10:00-12:00

EXCLUSIVE GRADUATE RACE EVENTS

1000M RACE LICENCE

GRADUATION RACE

DISCOUNT KARTING

20% OFF RACE WEAR



HONDA

Sodi

absolutely  
Together

T&Cs apply. Drivers must be 8-13 years & 130cm tall.

J.Petherick@absolutely-group.co.uk

absolutely-karting.co.uk

# Welcome

Thank you for your interest in Race Academy. This information pack details everything to expect during our courses.

Absolutely Karting's Race Academy in Bristol provides a fantastic course from trained and experienced instructors, turning you into the racing driver that you've always wanted to be.

Lessons will include dynamics of the kart, race craft, safety and advanced techniques to improve your skills and speed. At the end of the course, cadets will compete in a graduation race and will be presented with a licence to race the 1000m circuit and exclusive graduate events.

Cadets will learn from Instructor Jason, who has 10+ Years experience working at indoor karting venues.

We run courses every half term -

## Half Term 'Crash' Course

Mon-Sun (Sat - DAY OFF)

10:00-12:00 (9:30 arrival)

On lesson one, cadets will receive gloves and balaclava, personalised laptime folder with racing line track maps and discount codes for family race experience sessions. We also offer 20% off race wear to go towards a race helmet of your choice. Parents can also join our dedicated Race Academy facebook page for up to date information on courses, results, upcoming exclusive practice sessions, monthly exclusive graduate race events and championships.

Each lesson will begin with a presentation on the days lesson and each lesson will have cadets on the circuit for 35-45 minutes.

Our final Sunday lesson is the Graduation race, where cadets will go head head in a competitive race, after which your child will receive their 1000m race licence.

Graduates and family can enjoy discount karting -

20% off Family 800m Race Experience sessions

£5 off Race Academy 1000m Exclusive sessions

We look forward to racing with you.

# Lesson Plan

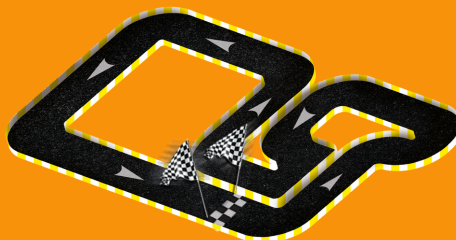
## LESSON ONE - THE BASICS

- Introductions
- What is Race Academy?
- Benefits for Graduates
- Weekly Lesson Breakdown
- Briefing Video
- Rules, Lights, Flags
- Basics Presentation
- Licence Photos
  
- 5 min Assessment Session
- 15 min Slalom Session
- 10 min Cone Session
- 10 min Free Session
  
- 5 min Debrief



## LESSON TWO - RACING LINE

- Recap on lesson one
- Racing Line & Steering Presentation
- Over Steer & Under Steer
  
- Track Walk
- 20 min Follow the Instructor
- 10 min Cone Session
- 15 min Free Session
  
- 5 min Debrief



200m CIRCUIT



# Lesson Plan

## LESSON THREE - RACING LINE

- Recap on Lesson Two
- Racing Line/Low Grip 800m Presentation
- Corner Types & Braking Points
  
- 15 min Follow The Instructor Session
- Track Walk
- 20 min Cone Session
- 10 min Free Session
  
- 5 min Debrief



## LESSON FOUR - OVERTAKING & DEFENDING

- Recap on lesson Three
- Overtaking & Defending Presentation
- Race Craft
  
- 20 min Overtaking & Defending Session
- 10 min Grid Start Practice
- 15 min Free Race
  
- 5 min Debrief



800m CIRCUIT



# Lesson Plan

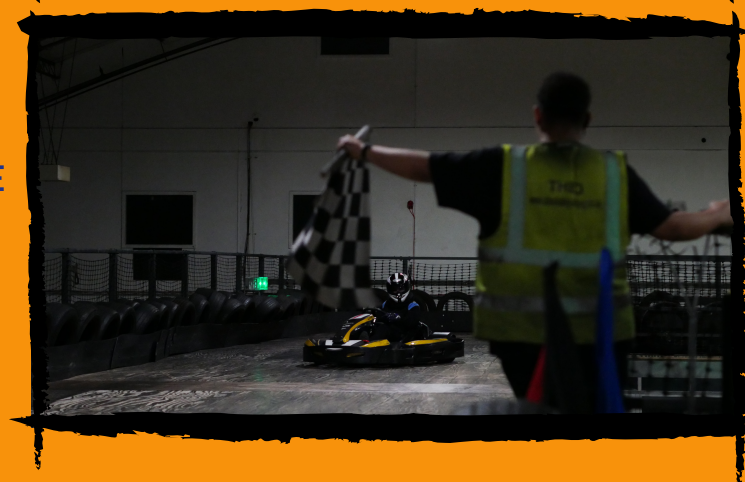
## LESSON FIVE - 1000M BASICS

- Recap on Lesson Four
- 1000m & Bridges Presentation
- 15 min Follow The Instructor Session
- 15 min Grid Start Practice
- 15 min Free Session
- 5 min Debrief



## LESSON SIX - GRADUATION RACE

- Recap on lesson Five
- Pre-Race Briefing
- 10 min Practice
- 15 min Qualifying
- Photography Session
- 20 min Race
- Podium & Graduation Ceremony



1000m CIRCUIT

# Helmets



RAPID MATTE BLACK



RAPID MATTE TITANIUM



RAPID WHITE



RAPID DEAD BOLT



RAPID HAPPY DREAMS



RAPID POPPIES



RAPID BOHO



RAPID GHOST



RAPID GALE BLUE | YELLOW



RAPID GALE RED | GREEN



RAPID STRATUS B | R | W



RAPID STRATUS B | R | S

AVAILABLE IN XS, S, M, L, XL  
RACE HELMETS SUBJECT TO AVAILABILITY

PLAIN COLOUR £70 | PATTERN £80

20% OFF FOR RACE ACADEMY GRADUATES



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Racing Quality in Focus

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